

Transcripts for Ep 83- How to Teach Kids to Make and Keep Fr...

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SUMMARY KEYWORDS

book, kids, friendships, people, joann, parent, friends, writing, talk, thinking, feel, listen, hear, mom, guilt, quizzes, podcast, important, flexible, conversation

SPEAKERS

Brie Tucker, JoAnn Crohn

-
- B** Brie Tucker 00:00
Welcome to the no guilt mom Podcast. I am your host today Miss Brie Tucker interviewing an amazing guest and close friend of mine, author JoAnn Crohn.
- J** JoAnn Crohn 00:11
Well, hello, hello, how are you?
- B** Brie Tucker 00:14
Okay, people, we had to redo this because JoAnn's like okay, so you're gonna do the intro and I'm like, awesome. She hits record, we got our little tick tick tick in, and I just sit there. She stares at me and I'm like, Oh wait, it's me. We got to do this again.
- J** JoAnn Crohn 00:25
It's you! You are the host today of the no guilt mom podcast.
- B** Brie Tucker 00:30

It's so weird when like just the timing roles got switched. Oh wait, I have to speak first? What?

J JoAnn Crohn 00:36
We're in a routine we have a groove going on.

B Brie Tucker 00:39
We do, we do. And so you may be wondering, why am I interviewing JoAnn today as an author? So I'm sure many of you already know she does have her book Drama Free Homework. I kind of- I could never remember like those subtitles people put it the end.

J JoAnn Crohn 00:53
I can never remember the subtitle of my own book. And I have to look at it all the time.

B Brie Tucker 00:56
A parent's guide to eliminating homework battles and raising focused kids. Okay, I had to turn around and look at it behind me.

J JoAnn Crohn 01:04
Yes.

B Brie Tucker 01:04
So my voice sounded funny. That's why, but that is not the book that I am interviewing her about today. She has an amazing book coming out for your kids called me and my friendships.

J JoAnn Crohn 01:16
Yeah, I was super excited about it. It releases July 6 on Amazon. And I am stoked I think it is such an important book for kids to have in their hands. And it's something that I wish I would have had as a kid.

- B** Brie Tucker 01:31
So I get to actually interview her today so I can't wait for you guys to hear this amazing flip flop episode of The no guilt mom podcast.
- J** JoAnn Crohn 01:41
Hey, if you feel overwhelmed at home, like you have all the things to do and you wish that your family would help you out more. You need our happy parent checklist and you can download it for free at no guilt mom.com backslash h p. c. And if you love listening to no guilt mom and how we chat about all things parenting, then you need to check out the PG-ish podcast with our friend Erin Holland.
- B** Brie Tucker 02:07
Yes, Erin has an amazing podcast. She's actually very well noticed and has several "must listen" lists that PG-ish is on.
- J** JoAnn Crohn 02:16
Yes she's on the top 50 moms for podcast magazine.
- B** Brie Tucker 02:19
Oh yes, it is phenomenal. So Erin is on a mission to transform your parenting experience from overwhelm and frustration to growth and success. Through her bite sized wisdom and truth bombs.
- J** JoAnn Crohn 02:32
Twice a week she curates clips from today psychologists, authors, parents and teachers to provide you with guidance to grow as an individual and as a parent as you base happy, healthy, successful kids and survive at all with a little more well being. She's perfect for any busy moms lifestyle. And because most episodes they're under 30 minutes.
- B** Brie Tucker 02:53
I know right? Like no matter how busy you are, you can fit one of her episodes in. so please check out Erin's podcast PG-ish Parenting, everywhere that you listen to the No Guilt Mom podcast.



JoAnn Crohn 03:04

and now on with the show. You want mom life to be easier. That's our goal to our mission is to raise more self sufficient and independent kids, and we're going to have fun doing it. We're gonna help you delegate and step back. Each episode, we'll tackle strategies for positive discipline, making our kids more responsible and making our lives better in the process. Welcome to the no guilt mom podcast.



Brie Tucker 03:43

So welcome, everybody to the Brie Show! No, no, no. I don't know how to do this! It sounded okay when we talked about this episode, but I gotta admit, I'm having a little bit of nerves here.



JoAnn Crohn 03:57

You're gonna do great. It's gonna be great.



Brie Tucker 04:02

So let's go ahead and get started. So me and my friendships. I'm so excited for this book. Like, I think it's gonna be so phenomenal. So tell us and this is I love this story. How did this book come about Ms JoAnn.



JoAnn Crohn 04:15

So it's so funny because like, even though we've like you've seen me working on the book, and it started last year in 2020. Around this time, it's it's funny how this one came about because you had just started here at no guilt mom. And we were talking about like our plans for the future and what like we wanted to do. And I'm like, I think I want to write another book. And we're like, Okay, another book, let's just put another book on our wish list. And you know, we'll get to it when we get to it. And like two days later, an email popped in my inbox being like, Hey, we were this great company, and we publish all these wonderful, wonderful books and we're interested in you as an author, and we'd like to set up a phone call to talk about two books that we want to create.



Brie Tucker 04:59

Now, I have to giggle for a moment because we recently recorded an episode about screentime and talked about how our phones sometimes and our Alexa or Google's, we all

know that they have the auto capability to listen to us. A lot of us give them that ability. And then when you're talking about something, then sometimes the ad pops up later, right?

J JoAnn Crohn 05:17
Yeah.

B Brie Tucker 05:18
It was almost like the universe was listening. And you want that opportunity? Okay. Here you go.

J JoAnn Crohn 05:25
Yeah. And it's so funny, because I've been a writer, a blogger since 2013. When my son was born, that's when I started. And so I've been writing online and growing the blog and writing about parenting and teaching. And I asked them, I'm like, so how did you find me? And they're like, Oh, we did a search for you. And we found your site popped up. And we think you'd be really good for this project. I'm like, Oh, okay. And so I had to audition almost for this book.

B Brie Tucker 05:51
Had to write like a chapter, right?

J JoAnn Crohn 05:52
Um Hm. Because they, they had an outline that they wanted just basic things they wanted covered in the book, and they're like, Here you go, like, write us. I can't remember what, like 300-500 words.

B Brie Tucker 06:02
Yeah.

J JoAnn Crohn 06:02
And that was so nerve wracking for me. Because I'm like, Oh, my gosh, like someone's gonna evaluate my writing. And they're gonna tell me how I did. And I was like, okay.

B Brie Tucker 06:11
it's very different than the blog.

J JoAnn Crohn 06:13
It's very different. It's very different. And even though I'd written a book before, I was like, Oh my gosh, cuz I go through all the fears. I go through all the fears, guys. And so I wrote this. And then I'm like, okay, I did it. It's out of my control. And they came back and they're like, yeah, yeah, we think you're gonna be a good fit. Let's do it.

B Brie Tucker 06:30
Yes. And what I really love about this book is that it's not another book for us as parents to read. It's a book for your kids to read. Yeah. So tell us more about like, why is this topic about me and my friendships so important to you.

J JoAnn Crohn 06:43
So it's funny because I was a shy kid. And I felt very awkward socially, for a very long time. Even when I worked out in LA, and entertainment and going into that world, I still felt awkward. I didn't know how to continue conversations. I really felt insecure about myself. And those are things that have just carried throughout, like through my childhood. I mean, like, I got that book. Have you read the book? How to? Gosh, now I can't remember. It's Dale Carnegie. Oh, it's right here. How to Win Friends and Influence People?

B Brie Tucker 07:16
Oh I remember you telling me about that book.

J JoAnn Crohn 07:17
It's a very well known book. And so I like read that book and just tried to beef up kind of my social skills, knowledge. But as I learned more about social skills, and especially how to talk to people and how to make friends and all of those things, I thought, Oh, my gosh, I would have loved this material when I was either in college or, or in high school, knowing that it wasn't me that people didn't find interesting or didn't talk to me. And honestly, like all of your thoughts you have as a kid and an insecure kid. They're not true. Anyways, I

wish someone could have told me that I wish someone could have said, Hey, people actually are really, really wonderful. And here are the things you can do to connect with others. Here are the things other people do that aren't really about you. They're about them and their communication. And so I want to be that voice for kids to say like, Hey, this is okay. In friendships. This isn't okay. And here's how to make friends and, and all of the things. So that's why I was so excited about the project.

B

Brie Tucker 08:24

I love that because I think as a parent, that is one of those things that I don't feel like I ever really spent enough time talking to my kids about how exactly to make friends other than Oh, you want to go play with that kid that's over there. By the swing set, go over and ask him if he wants to play tag.

J

JoAnn Crohn 08:39

Yeah,

B

Brie Tucker 08:39

like that is not

J

JoAnn Crohn 08:40

and that's scary, too. Because they're like, Oh my gosh, they're gonna say no, and they're gonna like,

B

Brie Tucker 08:44

yeah, yeah, a good analogy that I heard recently from my stepson, Jaen, he was talking about how someone was, was giving him guidance to do some social skills. And he likened it to Okay, so so you're talking to this person, they say, okay, go take those boxes, go put them in a circle. And you go, Okay, yeah, great. And then you walk over, and you don't want to do. so then you walk back to the person you go, Hey, quick question, what's a box? And what's a circle? And I think that's what happens when it comes to like friendships, like sometimes we assume that our kids know those tiny details. And so we don't mention to them about the insecurities how to talk to other people, how to strike up a conversation, how to find those similarities, like those skills that they need, we kind of skim over them and go to the bigger picture of you just talk to people and you'll make friends.



JoAnn Crohn 09:30

And that's there's so much more nuance and complexity in there. Like I remember when I went into high school, I just come out of a horrible kind of experience social experience in middle school, where I was bullied by a group of girls and it wasn't like you know, it was girl bullying. It was bullying by exclusion. It was the bullying where



Brie Tucker 09:48

girl bullying- is just- ugghhh!



JoAnn Crohn 09:52

like talking about you behind your back and then no one wants to go sit by you because they're going to be outcast by the girl bullies and they go and be friends with you. And it was just looking back at it. I'm like, Oh my gosh!



Brie Tucker 10:05

it's amazing. You survived adolescence. We both we both had our experiences with bullying.



JoAnn Crohn 10:10

Yeah,



Brie Tucker 10:11

in middle school, high school. It's rough.



JoAnn Crohn 10:12

I mean, in seventh grade, I faked a sickness once a week, just so I wouldn't have to go to school and deal with everything. It got better in eighth grade, I actually got better once I joined Student Council and I took more of a leadership role in the school. And I felt it gave me more control because I could go to school dances, and I'm like, I'm just gonna work the snack bar, and I don't have to talk to anyone. And that's how I dealt with things. But when I went into high school, I was having this conversation. And his name was Brooke, I remember his name is Brook, he was on my Odyssey of the Mind team. And I was looking down the whole time. And Brooke is a very tall guy. And he like, knelt down and looked up

at me.

B

Brie Tucker 10:49

And you were like, why am I doing that?

J

JoAnn Crohn 10:51

I wasn't making eye contact. I wasn't looking at people in the face. I was like, so afraid of that. I don't know if it was like kind of like the intimate interaction between eye contact with a lot of kids have a lot of kids have a lot of trouble with eye contact. Or just like, I didn't know that was a skill you should have. But that always stayed with me.

B

Brie Tucker 11:11

I was gonna say what I love about that moment. Right. There is the Self Realization it gave you.

J

JoAnn Crohn 11:15

Yeah,

B

Brie Tucker 11:15

like had he not done that little thing that I think Did you say he like kind of laughed to any day? He's like, hey,

J

JoAnn Crohn 11:21

yeah, well, actually, I thought he was a jerk. But it was wrong or wrongly opinion on my on my behalf thinking he was a jerk. He was not a jerk. But he he put a impact on my life just in that one second, then I'm like, Oh, I need to look people in the eyes. And a lot of kids don't know that they need to let people in the eyes, I wouldn't recommend doing what happened to me, because that made me feel very awkward.

B

Brie Tucker 11:42

Well, and it's also really different on the time span, these things come in.

J JoAnn Crohn 11:45
Yeah,

B Brie Tucker 11:46
again, we'll get to this some more in the interview. But the age group is very important. When these skills get introduced to kids.

J JoAnn Crohn 11:52
it is and when

B Brie Tucker 11:54
The younger, the easier!

J JoAnn Crohn 11:55
and just like having conversations with kids, though, because you don't have to look at people in the eyes, you can look at people right there between the eyebrows, where you don't have that intimate connection, but they still think you're paying attention to them. You're not like looking off on like, opposite directions. Because the main thing that kids need to know is that to make and keep friends other people want to feel acknowledged and listened to. And that's that's it, they just want to know you're listening to them, they want to know you care about them. And that's like the big secret about keeping friends.

B Brie Tucker 12:23
Isn't that true, though, for us as adults, too?

J JoAnn Crohn 12:25
Yeah, it's like everybody,

B Brie Tucker 12:27
We want those things to be there. We want someone to listen to us, we want somebody to just genuinely give a crap. Those are the people that we keep in our life and that we seek out.

J JoAnn Crohn 12:38
exactly. Because I used to think especially in the entertainment industry, because this is how people are you just have to be an interesting person. And you have to know all the things and if you know all the things, and if you have all the good stories, and people will like you, and you'll have a ton of friends. And that's not it. Those people now who I come across who talk only about themselves, I find them so boring, because they don't ask any questions. They don't ask you questions about your life. Those aren't the people I hold close in my friendships.

B Brie Tucker 13:08
right? As we get older, we know these things. But what a gift would it be for your kids to kind of know this at a younger age group? Right? So we talked about, like, what you find is helpful in terms of friendships for kids?

J JoAnn Crohn 13:20
Yeah,

B Brie Tucker 13:21
but what do they need to know about when they're having like a disagreement with with other friends?

J JoAnn Crohn 13:25
this, this is a hard one, because some kids are all about the conflict. And they'll be like, you took this from me and I don't like it. And they're fine with that. And then other kids shy away from the conflict. And they think that standing up for themselves and setting boundaries makes them a rude person.

B Brie Tucker 13:44
I know a lot of adults that struggle with that. And it's hard.

J JoAnn Crohn 13:47
It's really hard. And even if your kids like bring this up to you about like them not wanting to say no. Or if you feel they're pushed around on the playground or pushed around by

their friends, and always go with the flow. It's a hard conversation to have with them. And sometimes as parents, it's an almost impossible conversation to have with our kids. Because they'll look at us and they'll be like I was just because you're my parent.

B

Brie Tucker 14:08

Oh my gosh. I hate that! You're right. We all get that from our kids the whole like, you're my mom, you have to say that I'm interesting. You have to say that and you're like, no, dang it. I'm like,

J

JoAnn Crohn 14:21

I know something. I know something. But the only way to get through is either have an outside source, talk to them about it, which is if schools had time for that social emotional education, that'd be a great source. But this book could be a great source for your kids because it comes from someone other than you saying these exact things that you've been telling your kids all along, but for some reason, since they see it now from an outside source, everything starts clicking and they're like, okay.

B

Brie Tucker 14:48

Very! So so true. Like we have heard that over and over and over again with no Gabon like, the amount of pairs that like when they have a course that they get for their kid and they're like, okay, I loved your course. You had some really great ideas. But some of those things I've been saying to my kid, and all of a sudden it comes from JoAnn and they just listening run with it. It's like, Yeah, hi. So glad you heard that. And that it's a great skill there.

J

JoAnn Crohn 15:12

It's all about it coming from an outside source, because parents are so connected to our kids, like I have a hard time getting through to my own kids. And sometimes they'll see something like being taught or a teacher will say something that I have said, and they're like, Oh, yeah, my teacher said this. I'm like, I say that.

B

Brie Tucker 15:27

And you have to hold back from doing that. Because as soon as you ruin the moment by saying you said it, then it turns into her. Sometimes they disregard it then or they just go, No, you didn't. And then you're just getting this.



JoAnn Crohn 15:38

You get so mad.



Brie Tucker 15:39

Yeah, it does not help. It does not help at all.



JoAnn Crohn 15:42

Yeah, but getting kids to disagree with their friends is incredibly, incredibly hard. And it's almost we as parents have to share all the times that we have disagreed with people. And we have to be very explicit about the boundaries that we set in our lives and tell our kids about them for them to realize that okay, this is okay, I can do this too.



Brie Tucker 16:03

All the more reason why having boundaries as moms don't feel guilty about those boundaries. They are good for our kids. So okay, so something else that I do remember when you were writing the book, because I did get to hang out with you a lot while you were doing it.



JoAnn Crohn 16:15

Yeah, I had my big flowcharts on the mirrors. on my circle maps.



Brie Tucker 16:19

Yeah. So like one of the things that you talked about in the book, you're teaching the kids about flexible thinking,



JoAnn Crohn 16:25

yes.



Brie Tucker 16:25

Let's talk a little bit about that. Like, tell us a little bit more about what flexible thinking is and how that helps the kids.



JoAnn Crohn 16:30

It's so interesting, because I was just having this conversation with my son today about he didn't want to say no, and I was giving him the strategy, if you don't want to say no, something that I do, and I talked about this in the book about, you know, saying a positive. First, I really like playing with you, and then following it up with but I don't like doing that. And he responds to me, he's like, Mom, kids don't do that. And I'm like, Yeah, they don't do that. But it's okay. Because if you did it this way, you wouldn't have to feel bad about saying no, it doesn't have to be the way everyone else does it. It's okay to do things a different way. But flexible thinking is all about figuring out a way to compromise. And maybe it's not exactly what you want. But it's something that you could do to make both people happy,



Brie Tucker 17:18

which is a huge life skill right there.



JoAnn Crohn 17:20

It's a huge life skill. So I have a I have a piece of the book that I read. So you can see. And it's written for kids. So you're going to see it's not my writing to adults voice It is my writing to kids voice, which tends to be a little more animated.



Brie Tucker 17:33

So if you have your kids, hey, have them on for this part!



JoAnn Crohn 17:36

here you go, this is flexible thinking, Don't you wish you could always get what you want? The world would be so easy. Can you imagine, you say I want to play hide and seek and everyone agrees. You say I want to color right now and all your friends do it with you? Nope, it doesn't work that way. Our friends want turns to do what they want as well. We need to do what our friends want to make sure they feel happy in the friendship to in good friendships, both people get a little of what they want. They also give up a little of what they want to make the other person happy. And we want to make others happy, right. So we do something called flexible thinking, think about a superhero, she bends, she twists, she gets out of the way of danger fast, she's flexible, which means she's able to change her plans when she needs to think about the last time you and your friends couldn't decide what to do. Now imagine your friend wants to play golf with a basketball and you

want to play a game on your tablet. What do you do? You need to be flexible. One way to do this is to try a give and take first you give. You can say to your friend, okay, we can try playing golf with a basketball, you're giving your friend what they want. Then you ask for your take. After we do that, can we play a game on the tablet? You're also asking for what you want. Your friend may say yes. Or they may have another idea that you like just as much. The important thing is that you offer to do something that wasn't your first choice. Pretend you really want to watch a movie, but your friend wants to play hide and seek. You need to use your flexible thinking here. You can say to your friend, I don't feel like running around right now. Is there something else you want to do instead? The most important thing is that you're telling your friend what you don't want to do. This is so important. We wish people could have superpower mind reading skills, but they don't. You're also thinking about your friend by trying to do something they want to do. And that's just one little piece of the book.

B

Brie Tucker 19:31

I love that you really broke that down and put it in to a thought process that younger kids can really figure out

J

JoAnn Crohn 19:39

Yeah, I hope so.

B

Brie Tucker 19:39

perfect. Oh, perfect for elementary so

J

JoAnn Crohn 19:42

you're in for like six to nine year olds, but I think it's really good for any kid in elementary school and it also has games and quizzes they can take like the fun magazine quizzes, you know the ones that are like pick a pick beat, it's so good and tell you something about yourself. So

B

Brie Tucker 19:57

Every kid loves quizzes. I love quizzes. I still love them. quizzes There are so much fun. Yeah. Okay. So for those people that are loving this so much and want to hear more like, tell us about the book, where can they get the book? How can they get the book, tell us more about Me and My Friendships.



JoAnn Crohn 20:10

So it's available on Amazon July 6, and you could just search me and my friendships are will have a link for you, of course in the show notes, but it has a bright orange cover, you cannot miss it. And it's available for pre order up until then. And I don't know if you guys have heard us talk with authors on the podcast before.



Brie Tucker 20:27

Yeah, why is pre order so important?



JoAnn Crohn 20:29

Pre order is so important because it tells other stores how popular the book might be, and how many copies to order of the book. So it's really important for a book in pre order, and we have a little pre order bonus for you all. So if you all go and order the book from Amazon on pre order, you take a screenshot of your receipt, you're going to go to noguilmom.com/friendships, and we're gonna have all the instructions there, there's a form to fill out. And we're gonna email you access to a course for your kids that is only available on preorder, like only like this special course that we're making just for this book, it's going to be called How to make and keep friends. And I'm going to walk your kids through some of the strategies that I teach them in the book, because books are wonderful and amazing. But a lot of kids also need to demonstrate it and they need to hear it talked about and they need to hear tone of voice. And so that is what this little mini course is going to do. It's very short, but there are little fun quizzes in it as well. And it's an awesome preorder bonus.



Brie Tucker 21:41

Oh my gosh, I'm so excited. I already want to get it but my kids are like, they're little older.



JoAnn Crohn 21:45

They're a little older for it. I don't think they would jive with the tone in this book for middle school. This is an elementary school book.



Brie Tucker 21:53

Well, yeah, we already know to like my kids have known you since they were tiny.

J JoAnn Crohn 21:58
Yeah,

B Brie Tucker 21:59
Audrey's always you mean JoAnn. And I'm like, what, miss? No, no, no, there's no this JoAnn.

J JoAnn Crohn 22:05
I use Audrey's name in the book. It's funny cuz I use a lot of my daughter's friends and friends friends just as like names in the book because there's all these scenarios. They're they're kind of like the what would you do scenario and kids have to figure out what they would do in the situation. But it's totally fun. And I'm very, very excited to get in the hands of a lot of kids who will benefit from learning these friendship strategies and social skills and how to treat others with kindness and listen, as well as conflict to disagree in a way that feels good, or well, whether it feels doable.

B Brie Tucker 22:40
I love this. I love it. I love it. Love it. So go and get Me and My Friendships. It's available for pre order on Amazon. The book will be released on July 6, which is right around the corner. It's barely even a month away. So thank you so much. Ms JoAnn Crohn for coming and talking with us about you know, your book. I feel like you know, we were pretty special here. Pretty lucky here at No Guilt Mom.

J JoAnn Crohn 23:02
It's been a pleasure coming on.

B Brie Tucker 23:03
Yeah. Thank you so much. Okay, I cannot do your closing.

J JoAnn Crohn 23:06
Okay,

- B** Brie Tucker 23:06
I can't
- J** JoAnn Crohn 23:07
we could do the outro. So that author JoAnn, she was great.
- B** Brie Tucker 23:10
Did you hear the intonation and the animation in her voice? Oh, man. She really believes what she writes about.
- J** JoAnn Crohn 23:17
She had a lot of great points.
- B** Brie Tucker 23:19
Yeah. I think that book is gonna be fabulous for kids. I wonder what she's gonna write next?
- J** JoAnn Crohn 23:25
I don't know.
- B** Brie Tucker 23:27
And that was a genuine. I don't know.
- J** JoAnn Crohn 23:29
I don't know.
- B** Brie Tucker 23:30
Maybe we need to like have a conversation. Throw it out there to the universe again. Because again, we know that just like Alexa, it's listening and be like, inspiration for the next book, wink, wink, Hint, Hint



JoAnn Crohn 23:40

book babies.



Brie Tucker 23:41

They wanna send something our way.



JoAnn Crohn 23:41

But book babies are hard because it's like you write and you write. And then it's like out of your hands. Because you have so much good. It's a book baby, because you have sit like I had so much control when writing the book. Like in January, that's when my drafting process was and I'd submitting milestones to my editor and all of that. And that was a strenuous process. But just, it's always hard to write and get feedback. It's always hard because you put yourself out there and you think that oh my gosh, everyone's gonna hate it.



Brie Tucker 24:09

all writing is vulnerable.



JoAnn Crohn 24:11

I think every I think every writer feels that way. And that's something that I didn't know before I became a writer how emotionally taxing it is. And it's that way for everybody. So it's a total normal feeling. So if you're thinking of writing something and you're like, no, everyone will hate it know that every single writer thinks that and you just push through.



Brie Tucker 24:32

Man that is like all about that. That little voice in her head that just scares us. It gives us the fear of doing things.



JoAnn Crohn 24:40

It is very scary and you just you push through and you give your best and you then hope for the best and you keep going.

- B** Brie Tucker 24:47
Yes. So check out Me and My Friendships again available for pre order on Amazon released on July 6, so I think delivery is like right after that. I'm not that I'm not that hip on that whole process.
- J** JoAnn Crohn 25:00
I know the kindle the Kindle version actually releases sooner but get the print copy you want to print copy.
- B** Brie Tucker 25:05
Oh yeah, cuz I think kids need that.
- J** JoAnn Crohn 25:07
I think Harley Do you need a print copy? It's easier. It's the tactile thing.
- B** Brie Tucker 25:12
Oh yeah. If you're anything like me like I am a tactile and my kids are both tactile like I tried to get them onto reading on their Kindles, just because I don't know. It's cheaper.
- J** JoAnn Crohn 25:19
Yeah.
- B** Brie Tucker 25:20
But yeah, they both are like, we need the pages.
- J** JoAnn Crohn 25:22
Yeah. And there's like quizzes and stuff. So like, you circle them and like,
- B** Brie Tucker 25:26
Oh, yeah, I

J JoAnn Crohn 25:26
you want to write in the book.

B Brie Tucker 25:27
You need those pages.

J JoAnn Crohn 25:28
Yeah, yeah. So remember, the best mom is a happy mom, take care of you. I will talk to you later.

B Brie Tucker 25:35
Thanks for stopping by.